

# About Code Butterfly

## LTC Home: Humber Meadows Long-Term Care Home

Code Butterfly is a palliative and end of life care journey that allows staff, residents, families and care givers an opportunity to come together to honour a resident following their passing. This initiative has been collaboratively led by the Palliative Team Leads and Residents' Council of Humber Meadows LTC Home. Residents have been actively involved in expanding this program, as one resident shared, "while it may be uncomfortable at first, there is no voice more important in shaping palliative care than the residents. We want to be included."

What began as a condolence card designed by residents to be mailed to families, grew to include an Honour Guard and dignified procession, a beautiful poem to be placed on the residents' door, additional support for residents and staff especially affected by a residents' passing, expanded religious resources, and more.

This initiative, co-designed and resident-led, has resulted in strengthened communication, compassion, and friendships within the home. Most importantly, it has allowed residents and staff to express and share in their grief, actively support one another, and pay tribute to an individual who has passed in a meaningful way. "Being included in Code Butterfly and sending a condolence card isn't just about supporting those who have passed away," shared another resident. ***"It's also about knowing that when our time comes, we and our families will be remembered too."***