

## Residents' Council Week:

Ideas and Inspiration

&

# the Sharron Cooke Annual Legacy Award

#### Presented by:

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## Land Acknowledgement

Together, let us now pause as we acknowledge the Indigenous Peoples of all the lands that we are on today, from wherever we are virtually participating in today's meeting. Let us take a moment to acknowledge the importance of the land we each call home.

We do this to affirm our commitment and responsibility to improving relationships between nations, and to improving our own understanding of local Indigenous Peoples and their cultures.

We acknowledge the ancestral and unceded territory of all the Inuit, Métis, and First Nations people who call this nation home.

Let us now join in a moment of reflection to acknowledge the harms and mistakes of the past and to consider how each of us, in our own way, can move forward in a spirit of reconciliation and collaboration.

## Webinar Housekeeping



#### **Chat Box**

The Chat feature is disabled during this session.



#### **Question Box**

Type questions in the Q&A box.

We will answer as many as possible during the presentation.



#### Recording

A recorded version of this webinar will be available on OARC's website.

www.ontarc.com



#### **Evaluation**

After the webinar, a pop-up screen asking you to complete a survey will appear. Your feedback and suggestions are appreciated.



## Our Time Together

- Residents' Council Week
  - Important Dates and Theme Days
  - RC Week Reminiscing
  - OARC Resources
  - Ideas and Inspiration

## Celebrating Residents' Council Week





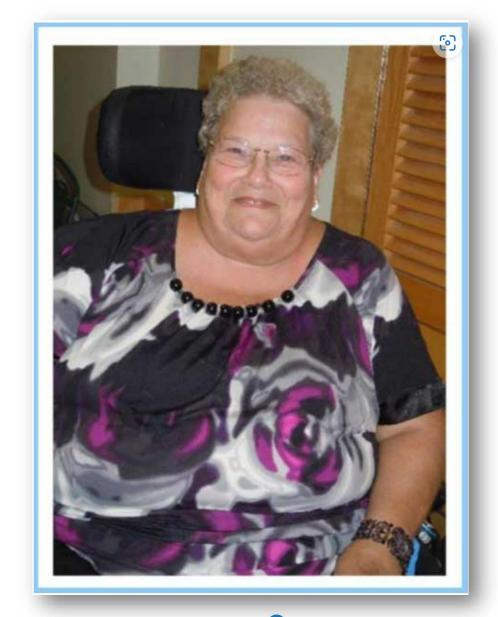


La semaine du conseil des résidents



## Our Time Together

- Sharron Cooke Annual Legacy Award
  - Honouring Sharron
  - About the Award
  - How to Apply
  - Questions and Conversation



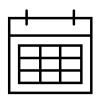


## Important Dates and Theme Days



The 4<sup>th</sup> Annual Residents'
 Council Week is celebrated

 September 11 – 17<sup>th</sup>, 2023



 OARC recommends observing the following Themed Weekdays:

11 <sup>th</sup>	Membership Monday
12 <sup>th</sup>	Togetherness Tuesday
13 <sup>th</sup>	Webinar Wednesday
14 <sup>th</sup>	Thoughtful Thursday
15 <sup>th</sup>	Festive Friday



## Residents' Council Week Reminiscing

2022 Highlight Reel







#### **OARC** Resources

- Visit www.ontarc.com and look under the Residents' Council Week tab (or click the image on the right)
- Trivia, Crossword, Word Search, Colouring Pages, and Scavenger **Hunt Instructions**
- Customizable Posters, Brochure Templates, Certificates of Appreciation, and more!

#### RESIDENTS' COUNCIL WEEK



#### Celebration Ideas



#### September 11th - 17th, 2023

Residents' Council Week is celebrated in the third week of September, and it presents a special opportunity to get your whole home excited about the importance and contributions of your Residents' Council, to have some fun learning about Residents' Rights, and to highlight resident engagement in all areas of your home's operations. In this document, we've pulled together some popular activity ideas to support you in planning for a memorable week!

For more inspiration, tools and templates, visit: www.ontarc.com/residents-council-week.html

Promote RC Week in your home's newsletter and on your activity calendars. Consider including pictures and short biographies about your Residents' Council leaders or highlight a list of Council accomplishments to highlight in your article.

Consider creating your own customized Residents' Council brochure using the OARC template http://www.ontarc.com/education-support/tools.html#brochure

Plan a Residents' Council social event or "meet and greet" where residents, team members, family and friends can interact and get to know the Resident Leaders in your home. A social event is also a great time for residents to get to know their home Administrator and team. If you live in a bigger home, consider having the Resident Leaders visit each floor/home area and have more intimate social events.

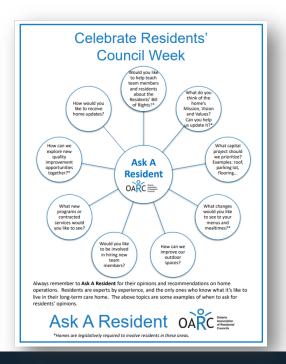
Create a Poster/Display Board in the front lobby (or one on each floor) promoting Residents' Council and to introduce and profile residents.

Consider hosting a "Red Carpet" Residents' Council Recognition event or awards ceremony to recognize the contributions of Resident Leaders and supportive partners (e.g., Residents' Council Assistant). Make up fun awards with ribbons, plastic trophies or certificates. OARC has created a Certificate of Appreciation template https://www.ontarc.com/rcweek/2022RCweekCertificate.pdf

#### **OARC** Resources

#### New this year:

 Ask a Resident Posters and Template

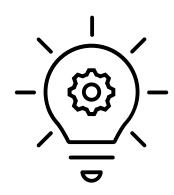






## Ideas and Inspiration

- Order copies of the <u>CLEO Residents' Bill of</u> <u>Rights</u> Booklet
- Access and print copies of the <u>Residents' Bill of</u> <u>Rights in various languages</u>
- Contact your Member of Provincial Parliament to let them know about Residents' Council Week and ask for their support
- Collaborate with your Food Service Department to host a special Residents' Choice Meal
- Participate in OARC's contests





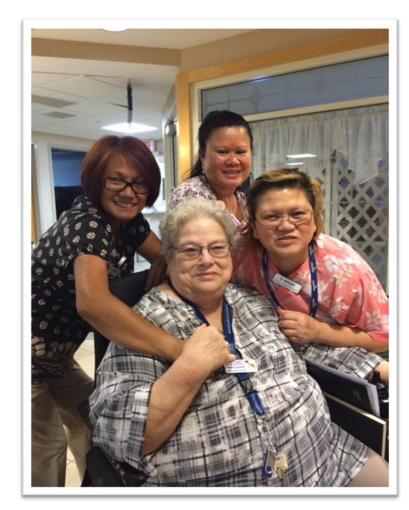
### Three Pillars Contest

 Send us a photo of your Pillars gathered together to jlangston@ontarc.com

- Include each pillar's name, title, and contact information (email address/phone number)
- Draw for 1 of 6 \$50 gift cards takes place on Wednesday, September 13<sup>th</sup> during Webinar



## Sharron Cooke Annual Legacy Award



Sharron and team members.

• Sharron Cooke, April 1948 – August 2022

"You can have all kinds of nice things in your home but the atmosphere and interaction with residents shows more person-centred care than material items. A friendly smile, conversation, involvement of volunteers, team members etc. make a good home. That is all any resident will ask for; the company of a friend to talk and listen to...life is simple really."

~ Sharron Cooke, Former OARC President



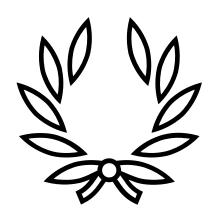
#### About the Award

- The purpose of the Award is to encourage and celebrate long-term care homes that promote a culture of open, authentic communication and collaboration between residents and team members.
- Relationships in the long-term care home transform it into a HOME, shaped BY and WITH residents.
- This award celebrates homes that have been on their own 'culture change' journey.



### About the Award

 The winning LTC home team will be consulted to select a prize item (valued up to \$500) that helps to bring people together to build community in your home.



## How to Apply

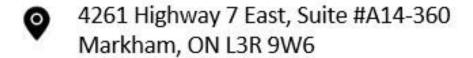
- Submit an <u>application package</u> by 5pm ET on August 11<sup>th</sup>
  - 1. Application form jointly completed by a Team Member(s) and Resident(s)
  - 2. Description of how the initiative has positively influenced your home in at least one of the following areas:
    - Building trust and inspiring hope
    - Enhancing communication
    - Building compassion and empathy
    - Facilitating resident to resident peer support and friendships
  - 3. Include direct feedback/quotes from residents as well as team members to illustrate the impact of your collaboration/project
  - 4. Include pictures to support your application email to <a href="mailto:jlangston@ontarc.com">jlangston@ontarc.com</a> in a .jpeg format

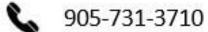


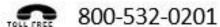
## **Questions and Conversation**













info@ontarc.com





Connect with us – we look forward to hearing from you!

