## Bulletin





September 15, 2025

#### Ready, set, celebrate! Happy Residents' Council Week!

Happy Residents' Council Week 2025! As you read this, know that YOU are part of a huge body of Residents' Councils, more than 600 in fact, that extend across Ontario and represent the voices of more than 80,000 people!

Your Residents' Council is separate and distinct from your long-term care (LTC) home. It is a legislatively mandated vehicle that belongs to you and every resident who lives at your home. Your Council is essential to the operations of your home as it contributes to quality improvement by bringing consensus opinions, issues, celebratory items forward to the Licensee of your home. Your Council also provides a unique space for peer-to-peer support, learning, friendship and empowerment such that you and your co-residents are able to affect the place you call home and build relationships that change the course of your lived experience.

This week, the entire team of **your** Association, the Ontario Association of Residents' Councils (OARC), celebrates with you! It is our privilege and joy to work with residents across the province and supportive sector partners in supporting the effective operations of all Residents' Councils. As we engage in our work every day, meeting and speaking with residents, we learn. Thank you for trusting us with your stories, your experiences, your celebrations and your concerns. We are listening and learning from you and together, I believe we are changing the culture of LTC... one conversation at a time. Keep talking, keep sharing and keep learning!

I wish you a celebratory week as you reflect on how your Residents' Council affects change and how you can work together with the management of your home to make changes big and small that improve your home for each and every resident!

Thank you for all you do.

Sincerely yours,

Dee Tripp, Executive Director, OARC

## Click here to download our 2025 Schedule of Events. Access more activity ideas here.

# RESIDENTS' COUNCIL WEEK

September 15<sup>th</sup> – 21<sup>st</sup>, 2025

Week at a Glance





15<sup>th</sup>

#### Membership Monday

Every resident is a member of Residents' Council (regardless of meeting participation). Consider creating a mobile cart or visual display to spread the word about Council, involving Residents' Council leaders.

16<sup>th</sup>

#### Togetherness Tuesday

Host a social event bringing together the '3 pillars' of Residents' Council on each floor or in a larger activity space. Pillars include residents, your Council Assistant and Administrator. Celebrate how you work together!

17<sup>th</sup>

#### Webinar Wednesday- Residents' Council Success Panel

Pre-register for OARC's Residents' Council-themed webinar featuring Resident Leaders as they discuss their Council successes and answer your questions. Details at <a href="https://oncom/education-support/webinars.html">oncom/education-support/webinars.html</a>

18<sup>th</sup>

#### Thoughtful Thursday - English and French Forums

Connect with other residents at one of OARC's peer-led Resident Forums. No registration required: French language Forum at 10:30 AM and English at 2:00 PM EST. Details at <a href="https://onest.com/resident-forums.html">onest.com/resident-forums.html</a>

19<sup>th</sup>

#### Festive Friday- OARC Live Concert

Join us for a joyful live online concert with award announcements created especially for residents in long-term care—let's celebrate with music, connection, and community!

Details at ontarc.com/residents-council-week.html

#### Residents' Council – A Poem by Art Thompson



Let's hear it for Residents' Council In long-term care homes everywhere A volunteer group of unsung heroes In the homes that we strive to share

Where residents are helping residents
Unselfish with their deeds
Going the extra mile
So that everyone succeeds

Some are in wheelchairs
Some have walkers to use
They make the effort to be ambulatory
A sacrifice with no excuse

They do so much without pay
Speaking up with their voice
Expressing the feelings of many
Because expression is the freedom of choice

They often go unnoticed Always giving a helping hand That's the Residents Council The heroes of the land

So let's give them a shout out And appreciate what they do Residents helping Residents For the likes of me and you

Residents' Councils bring solutions And collaborate where they can With an eye for quality improvements And a strong desire to understand

Got a question about home operations?
Or suggestions for a change?
Invite feedback from the Council
The outcomes will be great.

Art Thompson is a Resident Leader living at Tullamore Community in Brampton, Ontario. He is a gifted writer and passionate advocate.

#### **Peer Connection Opportunity: OARC Resident Forums**

Did you know that OARC hosts weekly virtual Forums that bring together residents from across the province? Facilitated by residents and open to all LTC residents, our drop-in Forums are a great way to meet new people, share a few laughs, and maybe learn something new.

Curious to see what our Forums are all about? Join us this week for our special edition Residents' Council Week Forums:

French Language Forum – <u>Thursday, September 18<sup>th</sup> at 10:30am-11:30am EST</u> English Forum – <u>Thursday, September 18<sup>th</sup> at 2pm-3pm EST</u>

Zoom Meeting Link and Connection Details are the same every week: <a href="https://us06web.zoom.us/j/84213430006?pwd=SFNCQyt2MkZ5ZG42U2NMR3Inbk9Mdz09">https://us06web.zoom.us/j/84213430006?pwd=SFNCQyt2MkZ5ZG42U2NMR3Inbk9Mdz09</a> Meeting ID: 842 1343 0006 | Passcode: Resident

To join us via telephone, dial our toll-free phone-in option 1-888 475 4499

• Enter our Meeting ID: **842 1343 0006** 

• Enter our Passcode: 08055352

Learn more about our Forums here: <a href="https://www.ontarc.com/resident-forums.html">https://www.ontarc.com/resident-forums.html</a>

#### Join OARC's Live Residents' Council Week Webinar Events

#### **Residents' Council Success Panel**

Wednesday, September 17<sup>th</sup> from 2pm-3pm EST

Tune in for an inspiring hour with our panel of Resident Leaders as they discuss their Council successes and answer your questions. OARC looks forward to welcoming our Minister of Long-Term Care for a special live Residents' Council Week greeting.

Register: <a href="https://us06web.zoom.us/webinar/register/WN\_oQzsZLm6Qmi0fqls1C-K-g">https://us06web.zoom.us/webinar/register/WN\_oQzsZLm6Qmi0fqls1C-K-g</a>

### Live Celebration and Concert with Musical Guest, Deidrey Francois Friday, September 19<sup>th</sup> from 2pm-3pm EST

As Residents' Council Week draws to a close, let's come together for an afternoon of music, connection, and community! Join OARC for a joyful live online concert with award announcements.

Register: <a href="https://us06web.zoom.us/webinar/register/WN">https://us06web.zoom.us/webinar/register/WN</a> eNF-ITiBQe2LCy0lgwTKAw