

June 24, 2021



## Sharron Cooke



Born and raised in Toronto, Sharron's career included managerial and human resource positions. She is a proud mother of 2 and 3 grandchildren.

Sharron is a resident at Newmarket Health Centre long-term care home is a standing member of the Leadership Team on the homes Residents' Council.

Sharron participated on the Community Advisory Board for York Region Municipal Homes where she was instrumental in advocating for a dedicated physiotherapy room for all Newmarket Health Centre's for residents as well as various home initiatives for the residents such as a dignity quilt for our Memorial Program for the Walk of Honor. Through our Residents' Council we also initiated the Java Music with many other programs. Sharron delivers an education program to her Team Members on the

Through our Eyes, Resident's Bill of Rights Come Alive.

Sharron served as the President of the Ontario Association of Residents' Councils for 8 years, and engages in education delivery, government and stakeholder committees and advisory groups within the long-term care community.

Sharron is a compassionate person who believes in quality of life for seniors. As Sharron said recently, "You can have all kinds of nice things in your home but the atmosphere and interaction with residents shows more person-centred care than material items. A friendly smile, conversation, involvement of volunteers, staff etc. make a good home. That is all any resident will ask for; the company of a friend to talk and listen to...life is simple really."