

# Resident Expert Advisors and Leaders (REAL) Biography



## **Barry Hickling**

### **Resident Leader**

#### **Village of Aspen Lake, Windsor, ON**

Born and raised in Windsor, Barry has worn several different hats and worked in many capacities over the course of his life, including retail management, spiritual care and counselling, and non-profit board directorship. Drawing on his personal strengths and training, Barry is the lead Facilitator for OARC's weekly Resident Forums. Barry has lived in long-term care for 8 years and is currently a resident leader on the Residents' Council at the Village of Aspen Lake in Windsor. Barry brings his lived experience to his home's Village Advisory Team that helps to guide operations and support quality initiatives. Barry also plays a key role in human resources and is involved in the hiring process of new team members. Barry is passionate about advocating for others, raising awareness about ageism and promoting culture change within the long-term care sector and with the broader community. He has been involved in several educational speaking engagements and conferences and has been a featured podcast and radio show guest. Barry welcomes opportunities to connect with students, and he is proudly part of the Schlegel Villages *Wisdom of the Elder* signature.