# Forming Our Session

Worksheet RBR005

Complete this form together to determine the audience, purpose and discussion topics for your session.

1. We reviewed the program over the past few days:
   1. What stood out for each of us?
   2. What did we learn?
2. Who will our audience be (✓ check all that apply):

⬜ Staff ⬜ Residents ⬜ Volunteers ⬜ Students ⬜ Families

⬜ Other:

1. What is the purpose of our session?

⬜ Mandatory education

⬜ Academic support (college, university)

⬜ Staff orientation

⬜ Other:

1. How many people do I feel comfortable speaking in front of? You may wish to have a large session or limit the session to a specific size and have 2, 3 or more smaller sessions.

Resident Co-facilitator:

Staff Co-facilitator:

1. Can you decide on a date, time and location for your session? You may wish to consider a few dates and then confirm the date at your next meeting.

Date:

Time: (you will need at least 1 hour)

Location:

1. What are my communication strengths that may assist us in the session?

Resident Co-facilitator:

Staff Co-facilitator:

1. Am I nervous about anything?

Resident Co-facilitator:

Staff Co-facilitator:

1. How can we support each other?

Resident Co-facilitator:

Staff Co-facilitator:

1. Which topics/rights do we feel need to be addressed? Selection of topics/Residents’ Bill of Rights (LTCHA 2007) to be expanded upon during the discussion period. Using your answers from #2 on Worksheet RBR004 and the “Discussion Topics - Digging Deeper” section on pages 45-53**,** choose 2-3 discussion topics.

1:

2:

3:

1. Additional Notes/Comments: