

PHOTO CONTEST: [Seasons Magazine Cover](#)



Calling all shutter-bugs and paparazzi! The OARC team is starting to compile stories and images for the Fall/Winter Edition of Seasons and we want to feature YOUR photographs! Do you have a picture of a resident or small group of residents that would make a great front cover for our next print publication?

The winner of the photo contest will receive an additional 15 copies of the magazine to share and distribute at their home, and the photographer will receive an OARC pin. Digital formats (jpegs) of your photo submissions can be emailed to our Seasons Editorial Team at mmcvie@ontarc.com by July 30, 2019.

Please be sure to include your name, your home's name, and provide a caption of what's going on in the image (For example, "residents at OARC LTC enjoying a crisp fall day outside") with your submission. Limit of 3 photo submissions per home. For all submissions, we ask that you also ensure that all individuals captured in your images have a current/signed media release with the home.

First Annual Ontario Association of Residents' Councils' Education Bursary for Residents' Council Assistants

OARC is thrilled to offer an annual education bursary for Residents' Council Assistants (RCA) designed to support their development and growth in working directly with Residents' Councils. A Working Group of the OARC Education and Publications Committee will select the recipient – who will receive \$500 in September 2019. Applicants must work in an OARC Residents' Council member home and education requests will be reviewed based on:

- Enhancing knowledge of issues faced by residents
- Improving the standard and quality of care and life in long-term care
- Advancing facilitation and leadership skills

Applications for the bursary are due on July 31, 2019 at 5 pm and all applicants will be notified of the results. [Click here](#) for the application and submission instructions. Questions? Please contact Jennifer Langston jangston@ontarc.com 905-731-3710 x 220.

The Ontario Association of Residents' Councils Annual Education Bursary for Residents' Council Assistants was inspired by OARC Board members who have and continue to promote positive and meaningful education experiences for long-term care home residents and team members/staff.

June 19, 2019 | 2:30 to 3:30 pm – Live Webinar: [Supporting Ontario LTC Homes and Secondary Schools Identify and Maximize Partnership Opportunities: Intergenerational Toolkit - Empowering Residents and Secondary School Students through Experiential Learning in Long-Term Care Homes](#)

Guest Speakers: *Kate Ducak and Emma Bender, Ontario Centre for Learning, Research and Innovation in Long-Term Care (CLRI) at the Schlegel-UW Research Institute for Aging (RIA)*



KATE DUCAK

Project Officer,
Schlegel-UW Research Institute for
Aging

Intergenerational partnerships between long-term care (LTC) homes and secondary school students create opportunities to combat ageism, reduce negative perceptions and improve well-being through positive experiences. Using these partnerships to develop experiential learning placements for students can support a recruitment strategy for the future LTC workforce.

By participating in this webinar, you will:

- Understand the benefits of experiential learning placements in LTC for secondary school students, residents and team members.
- Learn how to use the guidebook and online toolkit to support LTC homes and secondary schools in establishing meaningful and impactful partnerships.
- Leave with practical strategies and resources to start or enhance your experiential learning partnership.



EMMA BENDER

Program Assistant,
Schlegel-UW Research Institute for
Aging

Would you like a copy of the guidebook, *Experiential Learning in Long-Term Care: A Guidebook for Building Partnerships Between Secondary Schools and LTC Homes*? Complete the survey at the end of the webinar and the Ontario CLRI at the RIA will send you one FREE of charge! (Ontario only)

Register Here: <https://attendee.gototraining.com/r/904200276308288770>

**JOIN OUR
WEBINARS**



Join OARC for live, interactive, free, monthly webinars addressing Residents' Council needs and trends.

Mark your Calendar for Upcoming Webinars

July 16, 2019 – 2:30 to 3:30 - Cohesive Living in Long-Term Care: Supporting Your Peers - [Register Here](#) (Please note webinar date has moved to July 16th)

Check out our [website](#) for detailed descriptions of the webinars listed above. Our webinars are designed with residents in mind and are open to team members/staff and residents of long-term care homes. *All LIVE webinars are recorded and posted on the "[Archived Webinar](#)" webpage on OARC's website.

Celebrating Residents' Councils in May!



Resident leaders with their Council Assistant Barbara at the Oneida LTC in Southwold

OARC's Education and Home Support Facilitator Melissa McVie was on the road again this month, visiting LTC homes in Southwestern Ontario. This week-long home support trip allowed Melissa to connect with Residents' Council leaders, Council Assistants and Administrators at homes in Windsor and Essex County, with stops in Middlesex and Elgin Counties.

Melissa would like to express her sincere gratitude to the following homes for hosting education sessions and the opportunity to connect in person for thoughtful discussions and idea-sharing: Huron Lodge, Extendicare Southwood Lakes, The Village at St. Clair, Chateau Park, Heron Terrace, Extendicare Tecumseh, The Village of Aspen Lake, Country Village Homes -Woodslee, Sun Parlor Home, Franklin Gardens, Babcock Community Care Centre, and the Oneida Long-Term Care Home.



Resident leaders Cathy and Barry from the Village of Aspen Lake



Resident leaders with their Council Assistant Lorna, at Country Village Home- Woodslee



Residents' Council members from Extendicare Southwood Lakes, Windsor

OARC Fact Sheets – Residents’ Council Finances

RESIDENTS’ COUNCILS FINANCES

Ontario Long-Term Care Homes

OARC worked closely with various partners, including the Ministry of Health and Long-Term Care, as well as residents of long-term care homes themselves, to be able to provide legislative clarification and informed guidance about managing Residents’ Council (RC) Finances. We aim to provide guidance as to who is best suited to be signing authorities, including situations where residents are not able to do so.

CHALLENGES TO MANAGING RC FINANCES
Increasing restrictions from financial institutions are creating great challenges for Residents’ Council financial management. The majority of banks do not provide door to door service, which requires that residents leave their LTC home and travel to the bank to sign paperwork to become signing authorities. Furthermore, many residents do not have valid photo ID such as a driver’s license which is required by the bank to become signing authorities. These conditions present as significant barriers for residents to become signing authorities for the Residents’ Council bank account.

COGNITIVE CHANGES
Increasing numbers of residents are experiencing cognitive changes resulting in fewer residents able to become signing authorities. According to Health Quality Ontario’s “Measuring Up 2018”, report 63.6% of residents in 2016-17 have a form of dementia such as Alzheimer’s disease.

The Long-Term Care Homes Act, 2007, is silent on issues around banking and management of Residents’ Council Funds. Ontario long-term care home Residents’ Councils are equipped with specific powers within the Long-Term Care Homes Act (2007). One of those powers is to plan and sponsor activities for residents. (S. 11 (1) 4, LTCHA, 2007) This means that Council members have the right to plan activities for residents over and above what the home already offers and, if there is a cost involved, Council can use its Residents’ Council Funds to pay for the activity. Therefore, in order to bring Residents’ Council powers to life, Residents’ Council must have access to and authority over their funds.

OARC is releasing a series of Facts Sheets designed to help answer the most common questions about long-term care Residents’ Councils. Working with experts in long-term care, government and law, each Fact Sheet will address important topics such as Residents’ Council finances, who can attend Residents’ Council meetings, governance and leadership models and more.

This Residents’ Council Finances Fact Sheet is now available [here](#).

The Fact Sheets will eventually be housed on OARC’s website. For more information/questions, please contact us at info@ontarc.com 1-800-532-0201.

AdvantAge Ontario Celebrates 100 Years!

OARC’s Executive Director, Dee Lender, and Education team member, Melissa McVie, were pleased to join [AdvantAge Ontario](#) and over 700 delegates for their 100th Anniversary and Convention earlier this month in Toronto. AdvantAge Ontario is an association that represents and supports not-for-profit long-term care homes, housing, and services for seniors. Dee and Melissa participated in several sessions including:



- A Plenary Reflections Panel which included a historical overview of long-term care homes in Ontario which evolved from the early “Homes of Industry” across the province.
- An update on the positive effects of the implementation of the Butterfly Model in a few LTC homes. Benefits include reduction in falls, expressive behaviours, team member absenteeism, antipsychotic drug use and more.
- Collaborative discussions on addressing the Human Resource Crisis in our LTC sector and beyond
- Building ‘Intentional Communities’ highlighting the power of partnership and collaboration which yielded innovative housing solutions for people with diverse needs
- Experiential session that explained the successful engagement efforts between government, stakeholder and LTC home operators that resulted in positive outcomes for their shared vision of excellence for LTC and care communities

OARC is thankful to AdvantAge Ontario for the opportunity to learn, collaborate and share ideas through conference participation! Congratulations on this 100-year milestone!

[Registration now open](#) for "LTC Change Makers: 20 Years of Family Council Excellence" Conference



Family Councils Ontario

Join Family Councils Ontario for their first ever two site conference in Toronto and Sudbury on June 12th and June 13th.

This year FCO will celebrate Family Council week and the many contributions of Family Council members, LTC staff, and Administration support. The theme for the conference “LTC

Change Makers: 20 years of Family Council excellence” is a dedication to the many individuals who have mobilized change for the sector past, present, and future. Join us for a great two-day event filled with information, interaction, and celebration! Highlights for the conference include:

- Two site conference
- Patient Ombudsman
- Minister's Patient and Family Advisory Council
- OARC and FCO - Key distinctions and opportunities for collaboration

[Click here](#) for full details and registration.

Celebrate Residents’ Councils – Share your Stories

Celebrate Residents’ Councils! Do you have a story about a project, event or program that was supported or created by your home’s Residents’ Council that you would like to share and celebrate with other residents? Submit your stories for the chance to be featured in OARC’s publication, Seasons. We’d love to hear from you!

To share your story email Melissa McVie at mmcvie@ontarc.com with the following information:

- PICTURES – we love sharing your pictures
- Submission title and authors
- 500-word (maximum) story summary of the event, project, program

OARC Representing Residents’ Councils

Working with our Ministry of Health and Long-Term Care (MOHLTC) and Stakeholder Groups as members of various committees, residents attend and provide their lived experience to government and sector leaders through:

- Ministry of Health and Long-Term Care:
 - Long-Term Care Stakeholder Liaison Committee
- Behaviour Supports Ontario:
 - Advisory Group
 - Integrated Teams Collaborative
 - Lived Experience Advisory Group
 - Non-Stigmatizing Language Expert Panel
- CLRI Provincial Steering Committee
- CLRI Supporting Diversity and Inclusion in LTC Advisory Group
- CLRI Ontario Caring Advisory Circle (OCAC), Implementation Advisor
- Health Quality Ontario:
 - Resource Development Advisory Group
 - Long-Term Care Practice Report Advisory Committee
 - Transitions from Hospital to Home Advisory Group



Thank you to Java Group Programs for supporting OARC through our Confidence in Culture Change Gifting Program! Your generosity enables us to strengthen our ability to influence culture change in our LTC sector and beyond through education and awareness.

To find out more about our Confidence in Culture Change Gifting Program, please contact Dee Lender, Executive Director dlender@ontarc.com 1-800-532-0201 x 240

We encourage you to bring this information to the next Residents' Council meeting in your home. We love to hear from you - call, write or email us with your questions, suggestions and stories.



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OARC is funded by the Ministry of Health and Long-Term Care, membership dues and sponsorships.

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