

## SHARRON COOKE | April 1948 – August 2022



Sharron and team members.

Sharron Cooke was a beacon of hope and a source of inspiration for residents, team members and long-term care sector partners across the province. As former Director and Chair of the OARC Board of Directors, Sharron led with compassion and focus for over a decade. She gave selflessly to others and was guided by a fierce sense of determination and a commitment to enhancing quality of life for all residents living in long-term care.

Sharron spoke with conviction and was not afraid to challenge the status quo. Her advocacy work included participation on countless government committees and stakeholder groups,

she offered insightful contributions to research and resource development, she infused resident voice into presentations and course curricula, and she was a devoted mentor, teacher and friend to team members, students and fellow Resident Leaders.

Before her passing in August 2022, Sharron helped to articulate her hopes for an annual recognition award, for a long-term care home that embodied the culture change principles she so admired and strived to promote. Her final wish for her peers was to live in a long-term care home with a culture that welcomes open communication, builds trust, hope and friendships.

