

July 2018

August 8, 2018 – OARC Live Webinar - **Confessions of a (Former) Residents' Council Assistant: The Good, the Bad, and Hindsight Reflections**



Fulfilling the role of Residents' Council Assistant (RCA) allows you to develop meaningful and mutually-rewarding relationships with residents. However, the RCA's role and its responsibilities can present challenges.

Join OARC's newest team member, Melissa McVie (Education and Home Support) as she candidly shares some of her experiences as a former Residents' Council Assistant (RCA) and opens up a dialogue on this important subject. Melissa will address:

- Barriers to facilitating Residents' Council meetings
- How to ask for what you need
- Identifying tools for success
- Opportunities for collaboration

OARC recognizes the value and importance of the Residents' Council Assistant role – join us and fellow RCA's for this informative webinar. **Register here:**

<https://attendee.gototraining.com/r/5627252523847714305>

Mark your Calendar for Upcoming Webinars

JOIN OUR
WEBINARS



Join OARC for live, interactive, free, monthly webinars addressing Residents' Council needs and trends.

August 8, 2018 – LGBTQ2S: Moving Toward an Inclusive Culture in Long-Term Care - One Home's Journey – [Register Here](#)

September 12, 2018 – Confessions of a (Former) Residents' Council Assistant: The Good, the Bad, and Hindsight Reflections – [Register Here](#)

October 10, 2018 - Residents' Councils and RNAO's Best Practice Guideline: Person and Family Centred Care – [Register Here](#)

November 14, 2018 - Becoming an OARC Board Director: Resident Leaders in Long-Term Care – [Register Here](#)

December 12, 2018 – Residents' Councils Contributing to Wellness: Exploring Depression, Self-care and Peer Support – [Register Here](#)

Check out our [website](#) for detailed descriptions of the webinars listed above.

*Our webinars are designed with residents in mind and are open to staff and residents of long-term care homes. *All LIVE webinars are recorded and posted on the "[Archived Webinar](#)" webpage on OARC's website.*

OARC on the Road



Residents' Council members from
Streetsville Care Community



Residents' Council members from
Cooksville Care Community

OARC'S Education and Home Support Facilitator, [Melissa McVie](#), was on the move this month, and had the privilege of visiting long-term care homes in Mississauga and Ajax. A big thank-you to Streetsville Care Community, Cooksville Care Community, and Ballycliffe Long-Term Care for hosting education sessions on The Role of Residents' Councils in Long-Term Care.

OARC celebrates and shares in the successes of your individual Councils! We love to hear about the innovative programming, positive partnerships, and quality improvement initiatives supported and often championed by residents throughout the province!

Thank you for taking the time to learn and grow through education and sharing.

Welcome New OARC Board Members!



Wendy Thorburn (right), OARC Board Director, visits one of OARC's newest Board Members Kay Garland (left) in Gananoque

We are very pleased to welcome the newest members to OARC's Board:

- Kay Garlande, Carveth Care Centre, Gananoque
- Carolyn Snow, Cedarvale Lodge Retirement and Care Community, Keswick
- Joyce Williams, Chartwell Brant Centre LTC Residence, Burlington
- Denise Burke, Pioneer Manor, Sudbury
- Mona Coxon, The Village of Humber Heights LTC, Etobicoke
- Frank Tod, Niagara Ina Grafton-Gage Village, St. Catharines
- Reid Walker, Chartwell Brant Centre LTC Residence, Burlington

We are thrilled to work with our newest members. Each OARC's Board member brings a unique perspective, extensive knowledge and wisdom to the Association. Representing residents in long-term care homes, OARC Board members lead committees and sit at stakeholder and Ministry of Health and Long-Term Care tables.



Call for content now open! Ontario Long Term Care Association's This is Long Term Care 2019 Conference: Transforming Aging Together

This is Long Term Care 2019: Transforming Aging Together provides an unparalleled opportunity to hear about cutting edge ideas from around the world, as well as existing best practice programs that have tools, resources, policies and procedures which can influence, impact or initiate change across borders.

The Ontario Long Term Care Association and the Global Ageing Network invite you to submit your abstract to This is Long Term Care 2019 conference. This year applicants can apply to present in one of three different formats:

- Workshop
- Oral Presentation
- Poster Session

The call for content closes on September 14, 2018. For more information, please visit the conference website. <http://thisisltc2019.com/call-for-content-2/>

Your Annual Membership is Important to OARC

Thank you to the Resident Councils across the province who have invested their valuable dollars into the work of OARC. Through membership dollars and provincial government funding, OARC educates, supports and strengthens the voice of residents in long-term care.

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OARC Supports Residents' Councils Through:

- Participation in Ministry of Health and Long-Term Care committees, working groups and focus groups regarding quality, design, care, operations, funding and more...
- Collaboration with stakeholders, students and researchers to further the voice of residents in long-term care
- Community and stakeholder education about Residents' Councils

OARC is Directed by Residents from Long-Term Care Homes Who:

- Reside in long-term care homes across Ontario
- Participate in Ministry of Health and Long-term Care meetings and consultations
- Represent residents in long-term care homes at various consultations and presentations

OARC Offers:

- Free education through monthly live webinars and education modules
- Archived webinars that are available to you to view anytime

- The “Through Our Eyes: Bring the Residents’ Bill of Rights Alive” program
- In-home programs, support and education services
- Regular communication to Residents’ Councils through “Seasons” newsletter and monthly email updates
- Free tools and resources to support Residents’ Councils

Have you renewed your Residents’ Council membership or are you interested in becoming a member? Please visit our website at <http://www.ontarc.com/Membership.html> or contact OARC at 1-800-532-0201.

OARC Representing Residents’ Councils

Working with our Ministry of Health and Long-Term Care (MOHLTC) and Stakeholder Groups as members of various committees, residents attend and provide their lived experience to government and sector leaders through:

- Ministry of Health and Long-Term Care:
 - Enhanced Strategy Stakeholder Advisory Committee
 - Enhanced Strategy Design Variance Committee
 - Enhanced Strategy Issues Working Group
 - Long-Term Care Stakeholder Liaison Committee
 - Long-Term Care Quality Improvement Program
- Behaviour Supports Ontario:
 - Advisory Group
 - Integrated Teams Collaborative
 - Lived Experience Advisory Group
 - Non-Stigmatizing Language Expert Panel
- Partnerships for Health Systems Improvement (PHSI) Advisory Boards for the Strengthening a Palliative Approach in Long-term Care
- Bruyère CLRI Steering Committee
- Health Quality Ontario:
 - Resource Development Advisory Group
 - Long-Term Care Practice Report Advisory Committee
 - Transitions from Hospital to Home Advisory Group

We encourage you to bring this information to the next Residents’ Council meeting in your home. We love to hear from you... Call, write or email us with your questions, suggestions and stories.



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