

May 22, 2019 | 2:30 to 3:30 pm – Live Webinar: **Residents' Councils Influencing Human Resources in Long-Term Care Homes**



Guest Speakers - Top Left: Dana Houle, Barry Hickling, Village of Aspen Lake, Josie-Lee Gibson, OARC and Deborah Edward, Chartwell Aylmer

Residents rely enormously on staff/team members every day for all their care needs and, through lived experience, can play a vital role in the hiring process. Participants will learn how long-term care homes have implemented resident engagement in various stages of the hiring process, including attending interviews and developing specific questions for potential employees. The role residents can play in sharing and identifying what is important to them in a caregiver will be discussed. This process offers resident engagement opportunities in purposeful and meaningful ways. Residents are exercising their ability to be involved and affect decisions within their home.

Register here:

<https://attendee.gototraining.com/r/4347246171898108930>

First Annual Ontario Association of Residents' Councils' Education Bursary for Residents' Council Assistants

OARC is thrilled to offer an annual education bursary for Residents' Council Assistants (RCA) designed to support their development and growth in working directly with Residents' Councils. A Working Group of the OARC Education and Publications Committee will select the recipient – who will receive \$500 in September 2019. Applicants must work in an OARC Residents' Council member home and education requests will be reviewed based on:

- Enhancing knowledge of issues faced by residents
- Improving the standard and quality of care and life in long-term care
- Advancing facilitation and leadership skills

Applications for the bursary are due on July 31, 2019 at 5 pm and all applicants will be notified of the results. [Click here](#) for the application and submission instructions. Questions? Please contact Jennifer Langston jangston@ontarc.com 905-731-3710 x 220.

The Ontario Association of Residents' Councils Annual Education Bursary for Residents' Council Assistants was inspired by, and dedicated to, all OARC Board members who have and continue to promote positive and meaningful education experiences for long-term care home residents and team members/staff.

Mark your Calendar for Upcoming Webinars

JOIN OUR
WEBINARS



Join OARC for live, interactive, free, monthly webinars addressing Residents' Council needs and trends.

May 22, 2019 – 2:30 to 3:30 - Residents' Councils Influencing Human Resources in Long-Term Care Homes - [Register Here](#)
(Please note webinar date has moved to May 22nd)

June 19, 2019 – 2:30 to 3:30 - Supporting Ontario LTC Homes and Secondary Schools Identify and Maximize Partnership Opportunities: Intergenerational Toolkit - [Register Here](#)

July 16, 2019 – 2:30 to 3:30 - Cohesive Living in Long-Term Care: Supporting Your Peers - [Register Here](#) (Please note webinar date has moved to July 16th)

Check out our [website](#) for detailed descriptions of the webinars listed above. *Our webinars are designed with residents in mind and are open to team members/staff and residents of long-term care homes. *All LIVE webinars are recorded and posted on the "[Archived Webinar](#)" webpage on OARC's website.*

Education and Outreach: OARC Presents at George Brown College



Pictured above Devora Greenspon, Melissa McVie and Sharron Cooke

OARC's President, Sharron Cooke and Secretary/Treasurer, Devora Greenspon, welcomed the opportunity to co-present with Education and Home Support Facilitator Melissa McVie at George Brown College on April 3rd.

The OARC team presented to a group of second-year students in the Activation Co-ordinator/ Gerontology program. According to Sharron, connecting with the future employees/team members pursuing careers in the health care sector is very important. "It is imperative that they hear from us [the residents] and learn about our lived experience both living in LTC and our lives before entering LTC."

During the 2-hour presentation, Sharron and Devora were able to communicate their personal experiences as residents living in long-term care. They spoke about culture change in the sector and the role that new graduates can play in creating home environments that celebrate and support Residents' Councils and encourage residents to contribute in meaningful ways based on their unique interests and strengths.

"We had a very passionate and engaged audience which was very exciting to me, knowing that many of these individuals (almost half the class) will be pursuing careers in long-term care, based on their show of hands," shared Melissa. Following the presentation, several students came forward to express how impactful the content and speakers had been for them. The students appreciated the chance to hear about life and legislation from the RESIDENT's voice/point of view.

A big thank you to Pamela Gauci, Professor at George Brown, for helping to coordinate our visit and to Anne Marie Stonburgh for supporting us during our presentation. And congratulations to the George Brown graduating class of 2019!

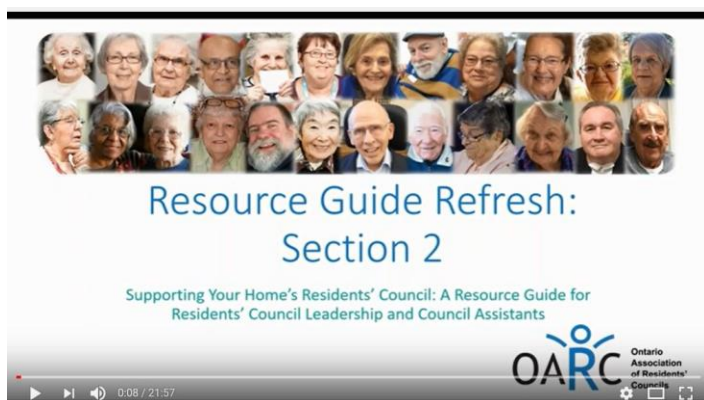
Celebrating Residents' Councils in April!



In the month of April, Melissa met with residents and team members from four long-term care homes in the Greater Toronto Area. OARC would like to thank the following homes for hosting home visits and Residents' Council education sessions: Main Street Terrace (Toronto), Deerwood Creek Care Community (Etobicoke), Silverthorn Care Community (Mississauga) and Peel Manor (Brampton).

Pictured are several members of the Silverthorn Residents' Council, From Left to Right: Mr. D., Rose R., Cheryl M., Sharon O. and Doris Y.

Residents' Council Resource Guide Refresh



OARC's popular Resource Guide, entitled, "Supporting Your Home's Residents' Council" was published and distributed to all long-term care homes across Ontario about six years ago, to help Residents' Council Leaders, Residents' Council Assistants, and home Administrators support and sustain effective Councils in their homes. In the coming year, OARC's Education team will be releasing some updated content for this resource, reflective of culture change in long-

term care, and some of the current language and best practices. These refreshed sections will be released with companion videos that summarize the content and highlight some of the changes we've identified. Upon each release, you will be directed to print and replace pages in your home's hardcopy of the guide. You may access copies the revised sections of the Resource Guide on the OARC website: <http://www.ontarc.com/tools.html> Sections 1 and 2 are now available there along with a helpful [video](#) describing the updates.

OARC Seeks Resident Leaders to Enhance Board

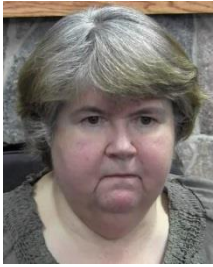
OARC is governed by a working Board, comprised of resident leaders across Ontario. We are looking to add passionate and dedicated leaders to our group to strengthen the collective voice and celebrate the rich diversity of residents throughout the province.

OARC is accepting nominations for:

- Director – voting member of the Board
- Delegate Members – non-voting member of the Board

At OARC we celebrate diversity, are culturally welcoming and are proudly committed to an inclusive environment. As our organization benefits from diversity of all kinds, we encourage residents from long-term care homes across Ontario to consider becoming a member of OARC's Board.

Click on each picture below to listen to past and current Board members as they share their experience as OARC Board members.



Sue C., former OARC Board Director



Bob M., former OARC Board Director



Devora G., current OARC Board Director



Milly R., former OARC Board Director



Jamie W., current OARC Board Director



Sharron C., current OARC Board President

Who is Eligible to Become an OARC Board Member?

Residents living in OARC member long-term care homes that are in a leadership position on their Residents' Council are eligible to apply to become an OARC Board member. Board members are recommended by their homes and then interviewed by OARC representatives to start the process. The Board is made up of 10 elected Directors/Officers and 5 appointed Delegate Members. Board members receive a Board manual and education about OARC and our governance and community activities. There are two types of Board memberships:

Board Delegate Member

The Delegate Member is an appointed, non-voting position. The Delegate Member must be in a leadership role in their Residents' Council. The Delegate Member's primary focus is to support OARC by contributing to OARC Board business. Delegate Members may become Directors.

Board Director

The Board of Directors is the legal authority for Ontario Association of Residents' Councils. As a member of the Board, a Director acts in a position of trust for the community and is responsible for the effective governance of the organization. Board Directors are elected every 4 years. Board Officers are elected among the Board Directors and elected every 3 years.

To find out more about OARC's Board and the vacant positions please contact Julie Garvey, OARC's Administration and Finance Manager, at jgarvey@ontarc.com, 1-800-532-0201 x 230

[Registration now open](#) for "LTC Change Makers: 20 years of Family Council excellence" Conference



**Family
Councils
Ontario**

Join Family Councils Ontario for their first ever two site conference in Toronto and Sudbury on June 12th and June 13th.

This year FCO will celebrate Family Council week and the many contributions of Family Council members, LTC staff, and Administration support. The theme for the conference “LTC

Change Makers: 20 years of Family Council excellence” is a dedication to the many individuals who have mobilized change for the sector past, present, and future. Join us for a great two-day event filled with information, interaction, and celebration! Highlights for the conference include:

- Two site conference
- Patient Ombudsman
- Minister's Patient and Family Advisory Council
- OARC and FCO - Key distinctions and opportunities for collaboration

[Click here](#) for full details and registration.

Ontario Long Term Care Association’s This is Long Term Care 2019 Conference: Transforming Aging Together



[Registration now open!](#) (early-bird deadline: May 31)

September 17-19, 2019 - Beanfield Centre, Toronto

The Ontario Long Term Care Association and the Global Ageing Network invite you to take part in This is Long Term Care 2019: Transforming Aging Together. This event provides a unique platform to hear about cutting

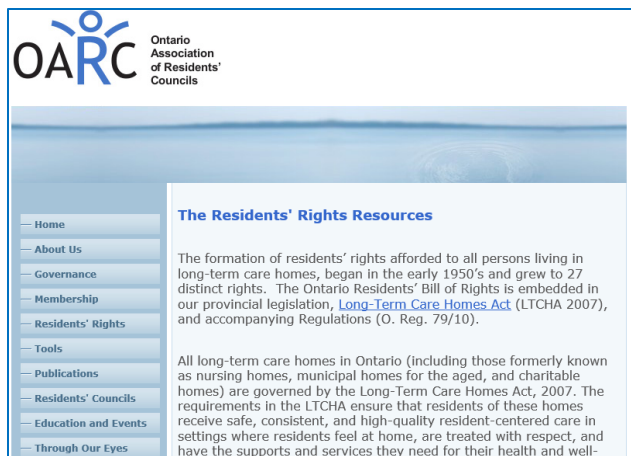
edge ideas from around the world, as well as existing best practice programs which can influence, impact or initiate change across borders.

New this year:

- New venue & hotels
- Celebrate OLTCA’s 60th Anniversary
- Champagne and Diamond Awards Gala
- One-Day Workforce Summit
- Ontario LTC Home Tours

For more information, please visit the [conference website](#).

Resident Preferred Language - Residents' Bill of Rights (LTCHA 2007)



Educating residents, team members, and other stakeholders about the Residents' Bill of Rights is a necessary and ongoing effort taking place at every long-term care across the province. We are committed to making resident rights education as accessible and meaningful as possible. The OARC team is collecting and compiling an inventory of the Residents' Bill of Rights translated into different languages, to better support homes serving residents of diverse cultural backgrounds.

There are over 15 translations available on our website ([click here](#)) and we have received requests for the Residents' Bill of Rights (LTCHA 2007) translated into Bosnian, Czechoslovakian, Croatian, Tamil, Serbian and Urdu. Does your long-term care home have a copy of the Residents' Bill of Rights in any of these languages that you wish to share? Does your home have any requests for other languages not listed? If so, please contact Melissa McVie, Education and Support Facilitator, mmcvie@ontarc.com 905-731-3710 x 260.

Every resident deserves to have a copy of the Residents' Bill of Rights in their first/preferred language to promote/enhance their understanding, and the team at OARC is hoping to make this possible through this ongoing initiative. Thank you to the long-term care homes who shared their resources and to the Ontario Centre for Learning, Research and Innovation in Long-Term Care (CLRI) at the Schlegel-UW Research Institute for Aging for their support.

The Public Inquiry into the Safety and Security of Residents in the Long-Term Care Homes System Update from OARC

OARC lawyers prepared a written submission to the LTCH Public Inquiry Commission on March 8, 2019 regarding additional crimes that were identified over and above those Elizabeth Wettlauffer was convicted of and is currently serving time for. The purpose of the submission was to request that the Commissioner issue summons to specific policing agencies to produce all the information they have related to these additional offences. When we learned that there was further information we believed that these details should be made available so that the Inquiry process could remain transparent. The written submission explained the importance of following through with the transparent analysis of all information pertaining to the offences committed by Ms. Wettlauffer and would allow for informed decisions to be made as to whether the information had any bearing on the Inquiry.

Commissioner Eileen Gilgole declined to issue a summons to the police forces to hand over details about other investigations involving Ms. Wettlauffer.

While we are disappointed with the Commission's decision, we respectfully accept it. Out of the principle of transparency and respect for a true Public Inquiry to examine all evidence that led to the catastrophic crimes, we wished for a different outcome. OARC is sensitive to the anguish of LTC residents, families, team members, the nursing profession and local communities. We hope that confidence will be restored through the good work of the Commission thus far. We remain confident that there is tremendous value in the forthcoming

Commissioner’s report and recommendations that will be released in June, and we believe that significant positive changes in LTC, and safeguards towards resident safety and security can be achieved if the forthcoming recommendations are implemented to the best degree possible.

Celebrate Residents’ Councils – Share your Stories

Celebrate Residents’ Councils! Do you have a story about a project, event or program that was supported or created by your home’s Residents’ Council that you would like to share and celebrate with other residents? Submit your stories for the chance to be featured in OARC’s publication, Seasons. We’d love to hear from you!

To share your story email Melissa McVie at mmcvie@ontarc.com with the following information:

- PICTURES – we love sharing your pictures
- Submission title and authors
- 500-word (maximum) story summary of the event, project, program

OARC Representing Residents’ Councils

Working with our Ministry of Health and Long-Term Care (MOHLTC) and Stakeholder Groups as members of various committees, residents attend and provide their lived experience to government and sector leaders through:

- Ministry of Health and Long-Term Care:
 - Long-Term Care Stakeholder Liaison Committee
- Behaviour Supports Ontario:
 - Advisory Group
 - Integrated Teams Collaborative
 - Lived Experience Advisory Group
 - Non-Stigmatizing Language Expert Panel
- CLRI Provincial Steering Committee
- Health Quality Ontario:
 - Resource Development Advisory Group
 - Long-Term Care Practice Report Advisory Committee
 - Transitions from Hospital to Home Advisory Group



Thank you to Java Group Programs for supporting OARC through our Confidence in Culture Change Gifting Program! Your generosity enables us to strengthen our ability to influence culture change in our LTC sector and beyond through education and awareness.

We encourage you to bring this information to the next Residents’ Council meeting in your home. We love to hear from you - call, write or email us with your questions, suggestions and stories.



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Ontario 

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