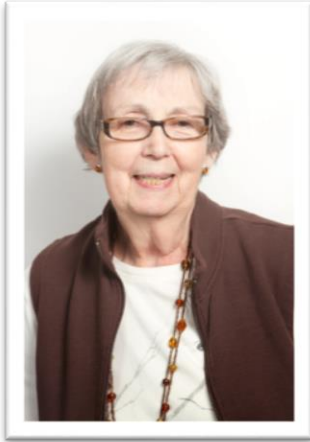


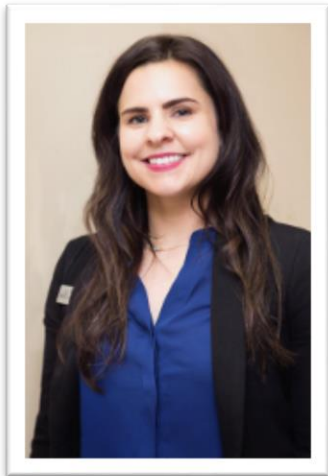
Welcome to the OARC Board Dorothy Asselstine!



OARC is excited to welcome Dorothy Asselstine as the Board's newest Director. Dorothy works with her Residents' Council Leadership Team at Maxville Manor and has previously served as an OARC Director, Secretary and Vice-President.

Born in Glasgow, Scotland, Dorothy Asselstine was educated as a nurse. She spent time in rural India as a nurse and midwife before immigrating to Canada in 1969. Dorothy continued her education and nursing career in Canada working in hospitals and long-term care homes holding many positions including Director of Nursing. Dorothy is passionately interested in the wellbeing of residents in long-term care. Welcome Dorothy!

Welcome to the OARC Team Melissa McVie!



The OARC team has grown! We are thrilled to share that Melissa McVie has accepted the new full-time position of Education and Home Support Facilitator.

Melissa has over 10 years of experience working, volunteering and supporting Residents' Councils in long-term care communities in both Ontario and British Columbia. She holds a Master of Arts degree in Health and Aging (McMaster University) and completed her undergraduate degree in Media Studies and Sociology (Western University).

Melissa is very passionate about culture change in the health care sector and welcomes the opportunity to work hands on with Residents' Councils across the province to tap into each Home's unique strengths, to foster collaboration, and to promote open discussion and the exchange of ideas to enhance the resident and stakeholder experience.

"OARC has made tremendous strides towards empowering Residents' Councils across the province through the development of user-friendly tools and resources. I look forward to continuing to build upon these educational programs and expanding our reach by capitalizing on social media platforms and delivering more targeted web-based education to respond to the changing needs of long-term care homes residents and team members." ~ Melissa McVie

Welcome Melissa!

JOIN OUR LIVE WEBINAR ON MAY 9, 2018 - 2:30 to 3:30 pm

New Amendments to the Long-Term Care Homes Act, 2007



Join OARC for an interactive education session to learn how the recent amendments to the Long-Term Care Homes Act affect you and your long-term care home. OARC will be joined by Jane E. Meadus, Barrister & Solicitor, Institutional Advocate for the Advocacy

Centre for the Elderly (ACE) and Michelle-Ann Hylton and Karen Simpson, from the Ministry of Health and Long-Term Care as we review the recent changes. Together, we will explore changes to the Act including regulation of restraints, the ability to confine a resident in a long-term care home; and the Ministry of Health and Long-Term Care's new authority to administer financial penalties when addressing delinquent compliance orders. The session will be followed by a question and answer period.

Register here: <https://attendee.gototraining.com/r/5149752213721272065>

OARC Board Meeting: Panel Presentation Exploring Responsive Behaviours in Long-Term Care Homes



Planned by OARC Board members and moderated by Dee Lender, OARC's Executive Director, OARC hosted an informative panel presentation to explore various aspects of responsive behaviours in long-term care homes. The OARC Board (residents of long-term care homes) wanted to know more about anti-psychotic use; wait-times to enter long-term care homes; long-term care home refusals; psychogeriatric assessments; and more. The term "resident on resident violence" was examined - how this term is frequently used to describe responsive behaviour incidents involving residents who are often cognitively challenged by illnesses such as dementia. Our expert panelists provided long-term care home operator, legal, government, and support intervention perspectives. Topics explored included staffing, education, funding, complex mental health conditions, long-term care home culture and more. OARC was pleased to spend the morning with our panelists learning more about their goals to support all residents to achieve quality living and care in long-term care. OARC will publish a detailed article about our time with the panel in the next edition of Seasons (June 2018). Thank you to our panelists, Monica Brezloff, [Behaviour Supports Ontario](#); Candace Chartier, [Ontario Long Term Care Association](#); Lisa Levin, [AdvantAge Ontario](#); Jane Meadus, [Advocacy Centre for the Elderly](#); Brian Pollard, [Ministry of Health and Long-Term Care](#).

JOIN OUR WEBINARS



Join OARC for live, interactive, free, monthly webinars addressing Residents' Council needs and trends.

June 2018 - Through Our Eyes: Bringing the Residents' Bill of Rights Alive - SESSIONS FULL*

July 11, 2018 – Finding Respectful, Compassionate Approaches to Persons Living with Dementia – Gentle Persuasive Approaches in Dementia Care – [Register Here](#)

Check out our [website](#) for detailed descriptions of the webinars listed above.

*Our webinars are designed with residents in mind and are open to staff and residents of long-term care homes. *All LIVE webinars are recorded and posted on the "[Archived Webinar](#)" webpage on OARC's website.*

OARC Representing Residents' Councils

Working with our Ministry of Health and Long-Term Care (MOHLTC) and Stakeholder Groups as members of various committees, residents attend and provide their lived experience to government and sector leaders through:

- Ministry of Health and Long-Term Care:
 - Enhanced Strategy Stakeholder Advisory Committee
 - Enhanced Strategy Design Variance Committee
 - Enhanced Strategy Issues Working Group
 - Long-Term Care Stakeholder Liaison Committee
 - Long-Term Care Quality Improvement Program
- Behaviour Supports Ontario:
 - Advisory Group
 - Integrated Teams Collaborative
 - Lived Experience Advisory Group
 - Non-Stigmatizing Language Expert Panel
- Partnerships for Health Systems Improvement (PHSI) Advisory Boards for the Strengthening a Palliative Approach in Long-term Care
- Bruyère CLRI Steering Committee
- Health Quality Ontario:
 - Resource Development Advisory Group
 - Long-Term Care Practice Report Advisory Committee
 - Transitions from Hospital to Home Advisory Group

We encourage you to bring this information to the next Residents' Council meeting in your home. We love to hear from you... Call, write or email us with your questions, suggestions and stories.



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Follow us on [YouTube](#)

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