

OARC In Action

For Residents By Residents



February 2018

ARE YOU REGISTERED FOR THE MARCH 14TH WEBINAR?

Keeping It Together – Supporting Osteoporosis Knowledge in Long-Term Care Homes



OARC and the Ontario Osteoporosis Strategy for Long-Term Care have teamed up to help strengthen and advance residents' awareness and knowledge of osteoporosis and fracture prevention in long-term care homes.

Don't miss the chance to join resident leaders, Sharron Cooke and Devora Greenspon, as they share their experiences using the newly developed "Keeping it Together" Resident Conversation Sheet about osteoporosis.

"Keeping it Together" is designed specifically for residents to facilitate understanding of the importance of fracture prevention practice within their Long-Term Care Homes, thereby helping to promote good bone health among LTC residents, with a view to improving the quality of life for all residents.

Date: Wednesday, March 14, 2018 - 2:30 PM to 3:30 PM

Register here: <https://attendee.gototraining.com/r/4573267271543443713>



OARC offers free, web-based education for Residents' Councils in Ontario Long-Term Care Homes

March 14, 2018 - Keeping It Together – Supporting Osteoporosis Knowledge in Long-Term Care Homes – [Register here](#)

April 11, 2018 - Improving Care Through Personhood Tools for Clinical Care in Long-Term Care Homes with Behavioural Supports Ontario (BSO) – [Register here](#)

May 9, 2018 - New Amendments to the Long-Term Care Homes Act, 2007 – [Register here](#)

June 2018 - Through Our Eyes: Bringing the Residents' Bill of Rights Alive - **SESSIONS FULL**

Check out our [website](#) for detailed descriptions of the webinars listed above.

Our webinars are designed with residents in mind and are open to staff and residents of long-term care homes. All LIVE webinars are recorded and posted on the "[Archived Webinar](#)" webpage on OARC's website.

Through Our Eyes: Bringing the Residents' Bill of Rights Alive



Thanks to project funding from the Ministry of Health and Long-Term Care, all long-term care homes will receive one free copy of the “Through Our Eyes: Bringing the Residents’ Bill of Rights Alive” program by March 31st.

All our scheduled Through Our Eyes webinars in June are FULL! However, the webinars will be recorded and posted in the [Archived Webinar](#) section of OARC’s [website](#). OARC has been overwhelmed with the response and continued support, THANK YOU. Please check our website to keep up to date with our education schedule.

Long-Term Care Homes Public Inquiry – OARC Update

With assistance from the Advocacy Centre for the Elderly (ACE), OARC sought and obtained full standing membership for the Long-Term Care Homes Public Inquiry. This announcement also includes full funding from the Inquiry, through which OARC has retained the services of ACE and another lawyer. The next phase of the Inquiry is Public hearings which will begin on June 4th at the Court House in St. Thomas, Ontario.

Through our Board of Directors, who are residents living in LTC homes across Ontario, OARC will be providing consultation and advice to our legal council, to ensure that the resident voice is carried forward in this important process, identifying issues that will inform the development of key recommendations so that similar offences never happen again.

For more information about the Public Inquiry into the Safety and Security of Residents in the Long-Term Care Homes System visit their website at <http://longtermcareinquiry.ca/en/> You may contact the Inquiry office at 1-844-280-9970 or 416-314-1763 or info@longtermcareinquiry.ca

OARC to Present at Together We Care Convention and Trade Show

OARC will join panelists at the [Together We Care Convention](#) on April 11th from 1 to 3:15 pm. The session, “Gilbert Heffern Communications Series: Showcasing the positives of long-term care” will feature sector leaders as they share examples of programs that are making a difference and shifting the perceptions of long-term care among residents and families, staff, stakeholders, and the public. Dee Lender, OARC’s Executive Director, will highlight the *Through Our Eyes: Bringing the Residents’ Bill of Rights Alive* program. To learn more about this session and more check out the Together We Care website at <http://together-we-care.com/2018-program/>

Long-Term Care Home Stakeholders Plan Election Forum

OARC is working with Ontario’s LTCH stakeholders to plan an election forum to be held on April 23, 2018 in Toronto. André Picard, Health Reporter at the Globe and Mail will moderate the session that will include representatives from the Liberal, Progressive Conservative, New Democratic and the Green Party of Ontario. The forum is designed to for each party to share how they plan to support seniors through various stages of their lives and changing levels of need. Speakers will have the opportunity to explain how, if elected, they will ensure that seniors have a place to live, can age in place, and receive the appropriate level of care in the right setting. Details of the forum will be posted on our website in the coming weeks.

OARC Representing Residents' Councils

Working with our Ministry of Health and Long-Term Care (MOHLTC) and Stakeholder Groups as members of various committees, residents attend and provide their lived experience to government and sector leaders through:

- Ministry of Health and Long-Term Care:
 - Enhanced Strategy Stakeholder Advisory Committee
 - Enhanced Strategy Design Variance Committee
 - Enhanced Strategy Issues Working Group
 - Long-Term Care Stakeholder Liaison Committee
 - Long-Term Care Quality Improvement Program
- Behaviour Supports Ontario:
 - Advisory Group
 - Integrated Teams Collaborative
 - Lived Experience Advisory Group
 - Non-Stigmatizing Language Expert Panel
- Partnerships for Health Systems Improvement (PHSI) Advisory Boards for the Strengthening a Palliative Approach in Long-term Care
- Bruyère CLRI Steering Committee
- Health Quality Ontario:
 - Resource Development Advisory Group
 - Long-Term Care Practice Report Advisory Committee
 - Transitions from Hospital to Home Advisory Group

We encourage you to bring this information to the next Residents' Council meeting in your home. We love to hear from you... Call, write or email us with your questions, suggestions and stories.



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